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PORT

Chalanka Athalage 03 59957160 mobile 0450614695 Brentwood Park Community Centre 21 A Bemersyde Drive Berwick 3806



Sri Lankan way of achieving fitness & Fun together

අපේ තාලයට අපේ විදිහට අ<mark>පේ නැ</mark>මුමට ඇඟට දැනෙන්න, හිතට වදින්න එකතු වෙන්න අපිත් එක්ක

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Classes held at Brentwood Park Community Centre Sundays between 10AM and 11 AM. Call Chalanka on 03 59957160 mobile 0450614695

Paradise Road Galleries offers solutions for everyone to lose weight, become fit and healthy through aerobics Sri Lankan way. Combining moves from our own traditional kandyan, and low country dance styles with western dance styles to the tunes of our own baila. It's a whole new way of achieving your fitness goals in the Year 2010 funway.