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hand a person could start off with very little and yet have a burning desire which ignites hard word and resilience. Through this they will achieve great things and when their time is up they will much to rejoice about and a vast range of accomplishments that will remain with them for their entire lifetime

Anyone is capable of anything and no one is restricted by where they start from, because through hard work and persistence the sky is the limit.

We should never be satisfied and keep working to better ourselves and become better at what we do. We cannot create boundaries, for once we do that we stop all growth and the possibilities that once had no limits become limited. In fact today around us we see many people who work for hours to achieve the unimaginable, scientists and doctors who make new findings in their field even as you read this article. They are innovating new products and coming up with more ideas on how to further advance the society that we are living. In fact all the technology and medical facili-

ties that we have today is due to people following their passion and breaking down the previous existing borders of innovation, they never remained satisfied and as a result of that the society we live in is very advanced and will continue growing.

However desire and passion does not only innovate progression on a large scale but also plays a role in every individual's day to day life. Every day we set ourselves little goals both consciously and unconsciously, whether it be to go to and make a loving or to stick to a diet in order to loose. No matter how big or how small our goal is, everything we do is in order to achieve a desire or goal that we set for ourselves. That being said we should not

PASSION

underestimate ourselves and our goals should aim to achieve our passions in order to take more steps towards obtaining we yearn to achieve in this life. We should be resilient and hardworking; our desire to achieve something should be enough to keep us going and guide the way. Yes, every day we wake up with a lot of little things that we have to complete by the end of day, but our daily goals should not must stop there Every day we should wake up in the morning and think to ourselves; "ahh today I will work harder in order to succeed in what I am passionate about."

We should always put our passions first and always work in bettering ourselves in whichever area that we choose. We should never put limits on ourselves and continuously work towards achieving new and greater things. Anyone is capable of anything and no one is restricted by where they start from, because through hard work and persistence the sky is the limit. I would like to end with a quote from Barbara Sher which says "as soon as you start to pursue a dream, your life wakes up and everything has meaning.

Ven Walpola Gothama Thero

Dhamma programme in Melbourne 2016 April.

Madhavi Wijesinghe

Hard work and persistence in order to achieve a goal is all that is required to take someone from where they

are currently to where they aspire to be. A passion is

a passion is what drives humans to keep going.

worth more to someone than all the riches in the world.

A person could have everything that they ever want and

yet they may have no desire to learn and grow. Yes.

they may be satisfied now but in the future they will

have accomplished little to look back on and will still

only have the materials that they had started, they

would have not gained anything new. On the other

8 April – Keysborough Temple (8-10pm) 9 April – Dandenong Temple full day (9-5pm) /Keysborough temple (8.30 -10pm) 10 April – Rockbank temple (3-5.30pm) / Keysborough Temple (8.30-10pm) 11 April – Keysborough Temple (8-10pm)

12 April – Dandenong Temple (8.15 -10pm)

13 April – Rest day
14 April – Dhamma Discussion (House 1- 4pm) / Keysborough Temple (8- 10pm)
15 April – Dandenong Temple (8.15 - 10 pm)
16 April – Day Programme at Keysborough Temple (9 -5 pm)

Berwick Temple (8.30 - 10pm)

17 April – Craigieburn Temple 3pm – 5.30pm/ Keysborough Temple (8.30–10pm)

18 April - Keysborough Temple (8 – 10pm)

19 April - Full day program (9 -5pm) Keysborough temple 20 April – Keysborough Temple (8 -10pm)

21 April - Keysborough Temple Dhamma Discussion (8 .30 to 10.30pm).

Contact Tharaka 0426 857 355 / Sepali 0433 021 885

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